## Amici Aesthetics

## vShape Focused RF

## Body Contouring, Cellulite, Fat, Skin Tightening & Hyperhidrosis

## **Post-Treatment and Follow-Up**

- 1. Drink a glass of water immediately after the treatment and at least 8-10 cups a day for three days following the treatment.
- 2. Avoid excessive exercise, sweating, hot baths or saunas for three days after the treatment.
- 3. Avoid consumption of alcoholic drinks for three days after treatment (alcohol might drain water from the body and skin).
- 4. Make-up can be applied 2 hours after the treatment.
- 5. The number of treatments may vary according to the degree of skin irregularity, patient age, skin condition, smoking history, medical history and medications, etc.
- 6. Treatments should be spaced every 2-3 weeks for 4 to 6 treatments. To maintain, follow up treatment at 6 months, as well as annually.
- 7. Call The office at 832-206-4418 with any questions or complications