

Amici Aesthetics

MICRONEEDLING AFTERCARE INSTRUCTIONS

Post Treatment Instructions:

Please Bring a hat to clinic the day of your treatment. Do not apply sunscreen for 12 hours after the Microneedling treatment.

Immediately after your Micro-Needling procedure, do not take any anti-inflammatory medications such as Ibuprofen, Motrin or Advil.

1. Do not perform any vigorous exercise for at least 12 hours after treatment.
2. Do not apply make-up for at least 12 hours after the treatment.
3. Wash the face thoroughly a few hours after treatment. Gently massage the face with tepid water, and remove all serum and other debris such as dried blood.
4. For the first 1-3 days the skin will be very dry and feel tight.
5. After 2-3 days patients can return to regular skin care products or as soon as it is comfortable to do so however avoid alcohol based toners for the first 7 days post treatment.
6. Avoid direct sun exposure for at least 10 days if possible.

TREATMENT RECOVERY TIMELINE:

Day 1: Erythema and red appearance and severity will depend upon how aggressive the treatment was performed.

Days 2-7: Within two (2) days following your Micro-Needling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this period, you may apply your regular skin moisturizer.

Day 3-5: Skin can be pink or normal color. Swelling subsides.

Results vary, but usually a course of 1-3 treatments is recommended.

Contact the office at 832-206-4418 if you have questions or concerns. In case of an emergency, contact your medical provider or Urgent Care Center.