

# Amici Aesthetics

## DERMAL FILLER AFTER CARE INSTRUCTIONS DERMAL FILLER AND KYBELLA

### **Post Treatment Instructions:**

1. No alcohol until the next day. It takes filler approximately 24 hours to stabilize and to start working.
2. No straining, heavy lifting, vigorous exercise for 2-3 hours after treatment.
3. Avoid manipulation of the area for 24 hours after treatment. This includes not doing a facial or microdermabrasion. A facial can be done at the same appointment, but must be done first.
4. Avoid direct sunshine for 24 hours. Wear a hat and apply sunscreen.
5. Do not have laser treatments to the area you were treated for one week.
6. Apply ice intermittently for the next hour.
7. Skin care can be used and makeup can be applied the next day. Avoid Retin A, glycolic acid, and Vitamin C for 24 hours on the treated area.
8. Apply Arnica frequently during the day if you have bruising.
9. Return in two weeks for evaluation and pictures.
10. Contact the office at 832-206-4418 if you have questions or concerns. In case of an emergency, contact your medical provider or Urgent Care Center.